

Family Support

Provides in-home support and skills-based training to families facing difficulties with parenting, behavior management and/or home management. The program offers family crisis intervention, and specialized home and community-based supports.



Children and Youth programs offered:

- Child and Youth Care
- Child Youth Mental Health
 - Infant Development
- Supported Child Development
- PEACE (Prevention Education Advocacy Counselling Empowerment)



Mackenzie Community Services is funded by:

- MCFD
- Ministry of Justice
 - United Way
 - New Horizons
- District of Mackenzie
- Northern Development Initiative Trust (NDIT)



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Mackenzie Community Services

Adult Programs



Rest of Us

This program provides inclusive support for all adults in a safe and validating environment to help gain insight and understanding of personal life challenges. We aim to provide clients with the skills needed to build a strong foundation to thrive. This program is staffed by a clinical counsellor and support workers. Areas of expertise include but are not limited to:

- Men's support
- Women's support
 - 2SLGBTQI+
- Grief and trauma
 - Stress
- Coping skills and regulation strategies
- Emotional regulation and management skills
 - Communication skills
 - Life transition
- Substance use support



Connections

Provides counselling and support to adult and senior women who have experienced or are at risk of: violence, sexual assault, physical abuse, sexual abuse, and emotional abuse. Women are supported and educated while understanding their experiences and processing the trauma. Resources, education and community awareness on violence against women are also offered as part of this program. Connections also supports the Safe Home and Second Stage programs and clients.



Safe Home

Provides emergency shelter and emotional support to woman and their children who have been victims of abuse or violence of any kind. Services include crisis counselling, ongoing support, information, and referral regarding community resources.

Second Stage

Our Second Stage housing program provides subsidized housing for a period of up to two years for women and their children who are starting their lives over after traumatic events.

Better at Home

This program helps seniors with simple non-medical, day-to-day tasks so that they can continue to live independently in their own homes and remain connected to their communities. Better at Home is funded by the Government of B.C. and managed by the United Way. The services are provided by volunteers and contractors. Services may include:

- Friendly visits/social outings
 - Yardwork
 - Housekeeping
- Transportation with accompaniment
 - Snow removal
 - Minor home repair
 - Taxi services



Community Navigation for Seniors

Provides outreach services to address the social and emotional needs of seniors with one-on-one support, connecting to resources, providing advocacy and system navigation, identifying system gaps and engaging community volunteers to fill these gaps.